

# COMMUNITY RESOURCE DIRECTORY



*Directorio de Recursos  
De la Comunidad*

**Notes (Notas)**

**Family Service Worker (Trabajadora de Servicio de Familia):**

---

**Email:**

---

**Cell:**

---

**Office:**

---

**Important Phone Numbers  
(Número de teléfonos importantes)**

---

---

---

---

**EMERGENCY TELEPHONE NUMBERS  
(Teléfonos de emergencia)**

**City of Manassas Park**

- Emergency: ..... 911
- Non-Emergency:
- Fire ..... 703.335.8845
- Police ..... 703.361.1136
- Social Services ..... 703.335.8880
- Public Information ..... 703.335.8803
- Web Site [www.cityofmanassaspark.us](http://www.cityofmanassaspark.us)

**Prince William County**

- Emergency: ..... 911
- Non-Emergency:
- Fire ..... 703.792.6810
- Police ..... 703.792.6500
- Social Services ..... 703.792.7500
- Public Information ..... 703.792.4636
- Web Site [www.pwcgov.org](http://www.pwcgov.org)

**Child Abuse and Neglect Hotline 1.800.552.7096  
SAVAS (Sexual Assault Victim's Advocacy Service) 703.368.4141  
Poison Control 1.202.625.3333 or 1.800.451.1428**

**PWC INFO LINE - 703.792.4636  
VA INFO LINE- 211**

## Index of Services

<b>Service</b>		<b>Page</b>
<b><u>ALCOHOL/DRUG REHABILITATION</u></b>	<i>(Rehabilitación de alcoholismo/drogas)</i>	<b>4</b>
<b><u>CHILD ABUSE/DOMESTIC VIOLENCE</u></b>	<i>(Abuso de menores/Violencia domestica)</i>	<b>5</b>
<b><u>CHILD CARE RESOURCES</u></b>	<i>(Cuidado de Niños)</i>	<b>6</b>
<b><u>CLOTHING</u></b>	<i>(Ropa)</i>	<b>7</b>
<b><u>COMMUNITY RESOURCES</u></b>	<i>(Recursos de la Comunidad)</i>	<b>7-8</b>
<b><u>COUNSELING</u></b>	<i>(Consejería)</i>	<b>9-10</b>
<b><u>DISABILITIES/SPECIAL NEEDS</u></b>	<i>(Discapacidades/Necesidades especiales)</i>	<b>11</b>
<b><u>EDUCATION</u></b>	<i>(Educación)</i>	<b>12-13</b>
<b><u>EMERGENCY/DISASTER</u></b>	<i>(Emergencia Y Desastres)</i>	<b>13</b>
<b><u>EMPLOYMENT</u></b>	<i>(Ayuda para Empleo)</i>	<b>14</b>
<b><u>FOOD</u></b>	<i>(Alimentos)</i>	<b>15-17</b>
<b><u>FURNITURE</u></b>	<i>(Muebles)</i>	<b>18</b>
<b><u>HEALTH</u></b>	<i>(Salud)</i>	<b>19-20</b>
<b><u>HOUSING</u></b>	<i>(Vivienda y Albergue)</i>	<b>21</b>
<b><u>IMMIGRATION</u></b>	<i>(Inmigratorios)</i>	<b>22-23</b>
<b><u>LEGAL</u></b>	<i>(Ayuda Legal)</i>	<b>23</b>
<b><u>MATERNITY</u></b>	<i>(Maternidad)</i>	<b>24</b>
<b><u>TRANSPORTATION</u></b>	<i>(Transportación)</i>	<b>25</b>
<b><u>UTILITIES ASSISTANCE</u></b>	<i>(Ayuda para pagar agua, luz)</i>	<b>25</b>

## ALCOHOL/DRUG TREATMENT (Rehabilitación de alcoholismo/drogas)

Organization	Contact	Hours/Information
<b>Alcoholics Anonymous</b>	<b>703.293.9753</b> <b>703.360.5447 (Español)</b> <a href="http://www.AAVirginia.org">www.AAVirginia.org</a> OR <a href="http://www.nvintergroup.org">www.nvintergroup.org</a> 10400 Eaton Place, Suite 106, Fairfax, VA 22030	Group meetings, confidential. Groups available for anyone who wants to stop drinking.  <i>(Reuniones de grupo confidenciales. Grupos disponibles para cualquier persona que quiera dejar de tomar.)</i>
<b>Community Services</b>	<b>703.792.7800</b> <b>Sudley North Administrative Bldg.</b> 7969 Ashton Ave., Manassas, VA 20109 <b>703.792.4900</b> <b>Ferlazzo Bldg.</b> 15941 Donald Curtis Dr # 200, Woodbridge, VA 22191	Mon-Thurs 8am-8pm; Fri 8am-5pm Case management and counseling support.  <i>(Lunes-Jueves, 8am-8pm; Viernes, 8am-5pm Administración de casos y apoyo de consejería)</i>
<b>New Horizons, School Based Services</b>	<b>703.792.7373</b> <a href="http://www.pwcgov.org">www.pwcgov.org</a> (youth services) 15941 Donald Curtis Dr,# 200, Woodbridge, VA 22191	Provides school based and home based counseling.  <i>(Provee orientación basada en la escuela y en el hogar)</i>
<b>NOVANT Behavioral Health</b>	8680 Hospital Way, Manassas, VA 20110 <b>In-Patient- 703.369.8464</b> <b>Counseling- 703.369.8055</b> <b>Intensive Out Patient- 703.369.8404</b>	Mon-Fri 9am-5pm Evaluation and treatment services, in-patient and out-patient.  <i>(Lunes-Viernes, 9am-5pm Servicios de evaluación y tratamiento, hospitalizados y ambulatorios)</i>
<b>Sellati, Methadone Treatment Center</b>	<b>703.330.7517</b> 8427 Dorsey Circle, Manassas, VA 20110 <b>Intake: 800.440.6310</b>	Private and comprehensive methadone maintenance and detoxification. Covered by some insurance. Individual and group counseling.  <i>(Mantenimiento privado y completo de metadona y desintoxicación. Cubierto por algunos seguros. Consejería individual y en grupo.)</i>
<b>Virginia Center for Addiction Medicine</b>	<b>804.332.5950</b> <a href="http://www.addictionva.com">www.addictionva.com</a>  2301 N Parham Rd #4, Richmond, VA 23229	Evaluation, treatment, counseling, coaching and family programs. Offers self-pay for uninsured. Mon-Fri 830am-430pm  Evaluaciones, tratamientos, consejería, programas de ayuda. Se ofrece pago por cuenta propia para los no asegurados. Lunes-Viernes 8:30am-4:30pm
<b>Washington Behavioral Health</b>	<b>703.492.2924</b> <a href="http://www.washingtonbehavioralhealth.com">www.washingtonbehavioralhealth.com</a>  1954 Opitz Blvd, Woodbridge, VA 22191	Treatment for dual diagnoses and co-occurring disorders.  <i>(Tratamiento para el diagnóstico dual y trastornos concurrentes.)</i>

**Addiction Recovery:** <https://www.recovery.org/>

**Addiction Center:** <https://www.addictioncenter.com/>

**National Helpline:** <https://www.samhsa.gov/find-help/national-helpline> (1-800-662-4357)

**National Institute on Drug Abuse:** <https://www.drugabuse.gov/parents-educators>  
<https://easyread.drugabuse.gov/content/drugs-people-abuse> (en Español)

**Partnership for Drug-Free Kids:** <https://drugfree.org/>

**Substance Abuse and Mental Health Services:** <https://www.samhsa.gov/find-help>

**CHILD ABUSE/ DOMESTIC VIOLENCE**  
**(Abuso de menores/Violencia domestica)**

Organization	Contact	Hours/Information
<b>ACTS/ Turning Points</b>	<b>703.221.4460</b> <a href="http://actspwc.org">http://actspwc.org</a>  PO Box 74, Dumfries, VA 22026 <b>24 hours- 703.221.4951</b>	Mon– Fri 9am-5pm Domestic violence program. Legal Assistance, teen dating violence prevention, crisis hotline.  <i>(Lunes-Viernes, 9am-5pm. Programa de violencia doméstica. Asistencia legal, prevención de violencia entre parejas adolescentes, y línea directa de crisis.</i>
<b>ACTS, Sexual Assault Services</b>	<b>703.368.4141 (hotline)</b> <b>703.497.192 (appointments, groups)</b> PO Box 4783, Woodbridge, VA 22194	24 Hours crisis hotline Referrals and information and support for victims of sexual assault, their family and friends. Defense courses.  <i>Línea directa de crisis las 24 horas. Referencias e información y apoyo para víctimas de asalto sexual, sus familiares y amigos. Cursos de defensa.</i>
<b>SCAN, Stop Child Abuse Now</b>	<b>703.820.9001</b> <a href="http://www.scanva.org">www.scanva.org</a>  1705 Fern St, 2nd Floor, Alexandria, VA 22302	Mon-Fri 9am-5pm ABC Parenting class, Educational Support Groups, Parent Resource Center. Registration required for classes.  <i>(Lunes-Viernes, 9am-5pm. Clase de Crianza de los hijos de ABC, Grupos de Apoyo Educativos, Centro de Recursos para Padres. Registro requerido para las clases.)</i>
<b>Social Services Department</b>	<b>Manassas Park 703.335.8898 or 703.335.8880</b> One Park Center Court, Manassas Park, VA 20111	Mon– Fri 830am– 5pm Assistance in reporting suspected child abuse or neglect  <i>(Lunes-Viernes, 830am-5pm. Asistencia en reportar sospechas de abuso o negligencia infantil)</i>
<b>Social Services Department</b>	<b>Prince William County</b> <b>Sudley North Administrative Bldg-703.792.7500</b> 7987 Ashton Ave, Manassas, VA 20109 <b>Ferlazzo Bldg.- 703.792.7500</b> 15941 Donald Curtis Dr, #180, Woodbridge, VA 22191	Mon– Fri 830am– 5pm Assistance in reporting suspected child abuse or neglect  <i>(Lunes-Viernes, 830am-5pm. Asistencia en reportar sospechas de abuso o negligencia infantil)</i>
<b>Report of Child Abuse Prince William County</b>	<b>703.792.4200 - Buisness Hours</b> <b>703.792.6500- After Hours</b> <b>1.800.522.7096- 24 Hour Hotline</b>	

**Parenting Resources:**

Calvary Counseling Parent Classes: <https://calvarycounseling.com/services/parent-education-class.html>

Parent Toolkit Online Resource: [www.parenttoolkit.com/](http://www.parenttoolkit.com/)

Parenting Success Network: [www.parentingsuccessnetwork.org/community-resources/online-parenting-resources/](http://www.parentingsuccessnetwork.org/community-resources/online-parenting-resources/)

SCAN Anger Management Resource: [www.scanva.org/support-for-parents/parent-resource-center-2/anger-management/](http://www.scanva.org/support-for-parents/parent-resource-center-2/anger-management/)

SCAN Child Sexual Abuse Resource: [www.scanva.org/support-for-parents/parent-resource-center-2/sexual-abuse/](http://www.scanva.org/support-for-parents/parent-resource-center-2/sexual-abuse/)

SCAN Domestic Violence Resource: [www.scanva.org/support-for-parents/parent-resource-center-2/domestic-violence/](http://www.scanva.org/support-for-parents/parent-resource-center-2/domestic-violence/)

SCAN Parent Resources: [www.scanva.org/support-for-parents/parent-resource-center-2/](http://www.scanva.org/support-for-parents/parent-resource-center-2/)

Virginia Cooperative Extension: [www.pwcgov.org/government/dept/vce](http://www.pwcgov.org/government/dept/vce)

## CHILD CARE RESOURCES (Cuidado de Niños)

Organization	Contact	Hours/Information
Childcare Search	<a href="http://www.childcareva.com">www.childcareva.com</a> OR <a href="http://va.childcareaware.org">http://va.childcareaware.org</a>	Search to find childcare providers by zip code or city. <i>(Busque proveedores de cuidado infantil por código postal o ciudad)</i>
Planning Council	<b>757.622.9268</b> <a href="http://www.theplanningcouncil.org">www.theplanningcouncil.org</a> 5365 Robin Hood Rd, Suite 700, Norfolk, VA 23513	Provider Search: <a href="http://www.vachildcare.org">www.vachildcare.org</a>
Social Services Department	<b>Manassas Park, 703.335.8898</b> One Park Center Court, Manassas Park, VA 20111	Mon– Fri 830am– 5pm Assistance applying for daycare assistance  <i>(Lunes-Viernes, 830am-5pm Asistencia solicitando asistencia de cuidado infantil)</i>
Social Services Department	<b>Prince William County</b> <b>Sudley North Administrative Bldg-703.792.7500</b> 7987 Ashton Ave, Manassas, VA 20109 <b>Ferlazzo Bldg.- 703.792.7500</b> 15941 Donald Curtis Dr, #180, Woodbridge, VA 22191	Mon– Fri 830am- 5pm Assistance applying for daycare assistance  <i>(Lunes-Viernes, 830am-5pm Asistencia solicitando asistencia de cuidado infantil)</i>

Choosing a childcare provider: [www.dss.virginia.gov/cc/ask/](http://www.dss.virginia.gov/cc/ask/)

Choosing childcare for children with special needs: [www.scanva.org/support-for-parents/parent-resource-center-2/choosing-caregivers-for-children-with-special-needs/](http://www.scanva.org/support-for-parents/parent-resource-center-2/choosing-caregivers-for-children-with-special-needs/)

Safety: [www.scanva.org/support-for-parents/parent-resource-center-2/childcare/](http://www.scanva.org/support-for-parents/parent-resource-center-2/childcare/)

### Child Supervision Guidelines

Ages	
0-8	May not be left unsupervised
9-11	No more than 1.2 hours alone- days only
12-15	May be left alone all day
16-17	May be left alone all night or over the weekend

### Babysitting Guidelines

Ages	
12-13	May babysit children for up to 4 hours
14-15	May babysit over 4 hours/ not overnight/ not weekends
16-17	May babysit children overnight or over weekend

### para la Supervisión de Niños

Edad	
0-8	No puede ser dejado sin supervisión
9-11	No más de 1.2 hora solo- durante el día
12-15	Puede estar en casa solo todo el día
16-17	Puede estar en casa solo –toda la noche y el fin de semana

### Lineamientos para Cuidar Niños

Edad	
12-13	Puede cuidar niños hasta por 4 horas
14-15	Puede cuidar niños por más de 4 horas/ pero no durante la noche o fines de semana.
16-17	Puede cuidar niños durante la noche y el fin de semana

## CLOTHING (Ropa)



Organization	Contact	Hours/Information
<b>Acts Thrift Store</b>	<b>703.221.3298</b> - 3661 Canal Rd, Dumfries, VA 22026 <b>703.490.9697</b> - 14414 Jefferson Davis Hwy, Woodbridge, VA 22191	Dumfries- Mon- Fri 10am-830pm Woodbridge- Mon- Sat 10am-430pm Referrals from ACTS Emergency Assistance for clothing.  (Dumfries- Lunes-Viernes, 10am-830pm Woodbridge- Lunes-Sabado, 10am-430pm Referencias de ACTS Asistencia de Emergencia para ropa)
<b>B-Thrifty</b>	<b>703.586.5261 OR 703.986.8729</b> <a href="http://b-thrifty.com/virginia">http://b-thrifty.com/virginia</a>  13412 Jefferson Davis Hwy, Woodbridge, VA 22191	Free clothes for children every 6 months  (Ropa gratis para niños cada 6 meses)
<b>Catholic Charities</b>	<b>703.548.4227 x100</b> 131 South West St, Alexandria, VA 22314	Food, clothing, and utility assistance.  (Comida, ropa, ayuda para pagar utilidades de agua, gas, electricidad, y renta)
<b>House of Mercy</b>	<b>703.659.1636</b> <a href="http://www.houseofmercyva.org">www.houseofmercyva.org</a>  8170 Flannery Ct, Manassas, VA 20109	Clothing and food. Mon – Fri, 10am-4pm Wed, 11am-7pm  Ropa y comida Lunes– Viernes, 10am-4pm Miércoles, 11am-7pm
<b>Salvation Army</b>	<b>703.580.8991</b> 1483 Old Bridge Rd #102, Woodbridge	Mon-Fri 10am-12pm & 2-4pm Back to school supplies, Christmas assistance.  (Lunes-Viernes, 10am-12pm & 2-4pm Suministros de regreso a la escuela, Asistencia de Navidad)
<b>SERVE (Northern VA Family Services)</b>	<b>571.748.2600</b> <a href="http://www.nvfs.org">www.nvfs.org</a>  10056 Dean Dr, Manassas, VA 20110	Thrift store, referrals from SERVE.  (Tienda de segunda mano, referencias de SERVE)

## COMMUNITY RESOURCES (Recursos de la Comunidad)

Organization	Contact	Hours/Information
<b>ACTS Information and Referral</b>	<b>703.368.4141</b> PO Box 74, Dumfries, VA 22026	24 Hours (24 horas)
<b>Court System</b>	9311 Lee Ave, Manassas, VA 20110 <a href="http://www.courts.state.va.us">www.courts.state.va.us</a> General District Court- <a href="http://www.pwcgov.org/gdc">www.pwcgov.org/gdc</a> Traffic/Criminal- <b>703.792.6141</b> Civil/ Civil- <b>703.792.6149</b> Juvenile/Domestic- <b>703.792.6160</b> <a href="http://www.pwcgov.org/jdr">www.pwcgov.org/jdr</a> Circuit Court- <b>703.792.6015</b> <a href="http://www.pwcgov.org/ccourt">www.pwcgov.org/ccourt</a>	Prince William County, Manassas, and Manassas Park Court System  Sistema de Corte para el condado de Prince William, Manassas, y Manassas Park)
<b>Fire &amp; Rescue</b>	<b>703.792.6800</b> 1 County Complex Ct.#200 Woodbridge, VA 22192	Fire safety, information on obtaining a smoke detector.  (Seguridad contra incendios, información sobre cómo obtener un detector de humo.)
<b>Library System</b>	<a href="http://www.pwcgov.org/library">www.pwcgov.org/library</a> Bull Run Library- <b>703.792.4500</b> 8051 Ashton Ave, Manassas, VA 20109 Chinn Park Library- <b>703.792.4800</b> 10365 Chinn Park Dr, Woodbridge, VA 22192	Books, magazines, DVDs, puzzles, Ebooks, online reference, bi-lingual books. Sign up for a library card and check out materials. Computers and internet access.

	<p><u>Central Library- 703.361.7572</u> 8601 Mathis Ave, Manassas, VA 20110</p> <p><u>Potomac Library- 703.792.8330</u> 2201 Opitz Blvd, Woodbridge, VA 22191</p> <p><u>Montclair Library- 703.792.8740</u> 5049 Waterway Dr, Dumfries, VA</p>	<p><i>Libros, revistas, DVD, rompecabezas, libros electrónicos, referencias en línea, libros bilingües. Regístrese para obtener una tarjeta de la biblioteca y poder llevarse materiales prestados. Acceso a las computadoras y el internet.</i></p>
<b>Parent Resource Center</b>	<p><b>703.791.8846</b> Kelly Leadership Building 14715 Bristow Rd, #1200, Manassas, VA 20112</p>	<p>Mon-Fri 830am-430pm Provides support, training, and information to parents of children with special needs.</p> <p><i>(Lunes-Viernes, 830am-430pm Brinda apoyo, entrenamiento e información para padres de niños con necesidades especiales.)</i></p>
<b>Park Authority</b>	<p><b>703.792.7275</b> 14420 Bristow Rd, Manassas, VA 20112</p>	<p>Recreational facilities and classes.</p> <p><i>(Comodidades recreativas y clases)</i></p>
<b>Police Department</b>	<p><b>Manassas Park</b> 329 Manassas Dr, Manassas Park Non Emergency, 24 hours- <b>703.361.1136</b> Investigative, Community Services- <b>703.335.0644</b></p> <p><b>Prince William County</b> Non-Emergency, 24 hours- <b>703.792.6500</b> Narcotics Tip Line- <b>703.686.6522</b></p> <p>Garfield Station- <b>703.792.7200</b> 15948 Donald Curtis Dr, Woodbridge, VA 22191</p> <p><b>Animal Control- 703.792.6500</b> <b>Animal Shelter- 703.792.6465</b> 14807 Bristow Rd, Manassas</p>	<p>Juvenile Issues- <b>703.792.7229</b> PWC Police Records- <b>703.792.6562</b></p> <p>Western Station- <b>703.792.5111</b> 8900 Freedom Center Blvd, Manassas, VA 20110</p>
<b>Social Security Administration</b>	<p><b>1.800.772.1213</b> <a href="http://www.socialsecurity.gov">www.socialsecurity.gov</a> 9500 Center St, Manassas, VA 20110</p>	<p>Mon-Fri, 9am-4pm Appointments Preferred</p> <p><i>(Lunes-Viernes, 9am-4pm, Prefieren citas)</i></p>
<b>Social Services Department</b>	<p><b>Manassas Park, 703.335.8898</b> One Park Center Court, Manassas Park, VA 20111</p>	<p>Mon- Fri 830am- 5pm Apply for Medicaid, SNAP food assistance program, daycare assistance, fuel assistance.</p> <p><i>(Lunes-Viernes 830am-5pm Solicite Medicaid, programa de asistencia alimentaria SNAP, asistencia para cuidado infantil, asistencia con combustible)</i></p>
<b>Social Services Department</b>	<p><b>Prince William County</b> <b>Sudley North Administrative Bldg-703.792.7500</b> 7987 Ashton Ave, Manassas, VA 20109 <b>Ferlazzo Bldg.- 703.792.7500</b> 15941 Donald Curtis Dr, #180, Woodbridge, VA 22191</p>	<p>Mon- Fri 830am- 5pm Apply for Medicaid, SNAP food assistance program, daycare assistance, fuel assistance.</p> <p><i>(Lunes-Viernes 830am-5pm Solicite Medicaid, programa de asistencia alimentaria SNAP, asistencia para cuidado infantil, asistencia con combustible)</i></p>
<b>VA Cooperative Extension</b>	<p><b>703.792.5940</b> <a href="http://www.pwcgov.org/vce">www.pwcgov.org/vce</a> 8033 Ashton Ave, Suite 105, Manassas, VA 20109 Financial Counseling- <b>703.792.6287</b> Nutrition- <b>703.792.4764</b> Parenting- <b>703.792.6288</b></p>	<p>4H Youth Program- <b>703.792.6286</b> Agriculture, Water Quality- <b>703.792.6285</b> Mon-Fri, 8am-5pm *Se habla español</p> <p><i>(4H Programa Juvenil – 703-791-6286 Agricultura, Calidad del Agua – 703-792-6285 Lunes-Viernes 8am-5pm)</i></p>
<b>Volunteer Prince William</b>	<p><b>703.369.5292</b> 9284 Center St, Manassas, VA 20110</p>	<p>Mon-Fri, 830am-4pm Volunteer opportunities, No habla español</p> <p><i>(Lunes -Viernes 830am-4pm Oportunidades voluntarias, No hablan español)</i></p>
<b>Voter Registration</b>	<p><b>703.792.6470</b> <a href="http://www.pwcgov.org/vote">www.pwcgov.org/vote</a> Main Office 9250 Lee Ave, Suite 1, Manassas Manassas Office 9025 Center St, Manassas Woodbridge Office 2731 Caton Hill Rd, Woodbridge</p>	



## COUNSELING/GUIDANCE (Consejería)

Organization	Contact	Services
<b>All Saints Counseling Services</b>	540.371.1124	Counseling provided on a sliding scale fee, no medicaid accepted. Eng: Mon- Fri 8am-2pm <i>(Asesoramiento proporcionado en una tarifa de escala móvil, no se acepta Medicaid. Ingles: Lunes-Viernes 8am-2pm Español: Viernes 8am-2pm)</i>
<b>Catholic Charities Family Services</b>	200 N. Glebe Rd, Suite 250 Arlington, VA 22203 703.841.2531	Provides counseling for families, individuals, couples. To be placed on the wait list call 703.425.0109 (Intake Line) Mon- Fri 9am-5pm; Span: 540.371.1124  <i>(Brinda consejería para familias, individuos, parejas. Para ser colocado en la lista de espera llame al 703.425.0109 (Línea de Entrada) Lunes-Viernes 9am-5pm; Español: 540.371.1124)</i>
<b>Child and Family Counseling Center</b>	13649 Office Pl, Ste 102, Woodbridge, 22192 703.670.5738 <a href="http://www.cfcc.info">www.cfcc.info</a>	Counseling provided for families and children (ages 5 and up). <u>No Spanish speaking counselors available.</u> 9am-12pm and 1pm-5pm Mon-Thurs.  <i>(Brinda consejería para familias y niños (de 5 años en adelante). No hay consejeros que hablan español disponibles. 9am-12pm y 1pm-5pm Lunes-Jueves)</i>
<b>(CR2) Children's Regional Crisis Response</b>	Serving PWC, Manassas, MP 1.844.627.4747 or 703.257.5997 Patricia Contreras 703.869.7771 <a href="http://www.CR2crisis.com">www.CR2crisis.com</a> <a href="http://www.nationalcounselinggroup.com">www.nationalcounselinggroup.com</a>	24Hr rapid response to all youth (17 & younger) facing mental health or substance abuse crisis. Intervention, crisis, case management, assessments, safety planning. Part of National Counseling Group. <i>Bi-Lingual staff available.</i>  <i>(24 horas de respuesta rápida a todos los jóvenes (menores de 17 años) que enfrentan crisis de salud mental o abuso de sustancias. Intervención, crisis, administración de casos, evaluaciones, planificación de seguridad. Parte del Grupo Consejero Nacional. Personal bilingüe disponible.)</i>
<b>Community Services (Behavioral Services)</b>	Sudley North Administrative Bldg 7969 Ashton Ave, Manassas 703.792.7800 15941 Donald Curtis Dr, Ste 200, Woodbridge 703.792.4900	Counseling provided for adults, families, and children. Accepts Medicaid and those with no insurance. <i>Spanish speaking counselors.</i>  <i>(Brinda consejería para adultos, familias y niños. Aceptan Medicaid y aquellos no tienen seguro. Consejeros que hablan español.)</i>
<b>Compassionate Friends</b>	Buckhall United Methodist Church 10251 Moore Dr, Manassas <a href="http://www.tcfprincewilliam.org">www.tcfprincewilliam.org</a>	Support for grief and loss. 3 <sup>rd</sup> Wednesday of every month at 730pm. Shane Williams 571.535.4490 (A)  <i>(Apoyo para pérdida y dolor. El 3er Miércoles de cada mes a las 730pm. Shane Williams 571.535.4490 (A).)</i>
<b>Crossroads Counseling</b>	7545 Presidential Ln, Manassas, 703.361.1525 <a href="http://www.crossroadsvirginia.com">www.crossroadsvirginia.com</a>	Counseling for children and families, in home counseling. Accepts Medicaid  <i>(Consejería para niños y familias, consejería en el hogar. Aceptan Medicaid.)</i>
<b>Dominion Youth Services</b>	4600 Duke St.#413 Alexandria VA 22304 571.970.1297	Counseling, provides in home services (This provider is out of area)  <i>(Consejería, provee servicios en el hogar Este está fuera del área de servicio)</i>
<b>Greater Prince William Community Health Center</b>	4379 Ridgewood Center Drive, #102, Woodbridge 9705 Liberia Avenue, #201, Manassas 17739 Main St, #130 Dumfries 703.680.7950	Counseling for adults, families and children. Accepts Medicaid, insurances, and sliding scale. Roberto Rivera, Psychoeducational Spec. (703.680.7950) <i>Spanish speaking available.</i> <i>(Consejería para adultos, familias, y niños. Aceptan Medicaid, seguros, y escala móvil.</i>

		<i>Roberto Rivera, Especialista Psicoeducativo 703.680.7950 Disponible en Español)</i>
<b>National HOPELINE</b>	1-800-SUICIDE 1.800.784.2433 or 1.800.442.4673	24 hour crisis intervention and suicide prevention hotline <i>(Línea directa de 24 horas para intervención de crisis y prevención de suicidio.)</i>
<b>Phoenix Family Counseling</b>	1455 Old Bridge Rd # 203, Woodbridge, VA 22192 7530 Heritage Village Plaza # 201, Gainesville, VA 20155 571.248.0626	Counseling for children & families, play therapy. Medicaid & those with no insurance. <i>(Consejería para niños y familias, terapia de juego. Medicaid y aquellos que no tienen seguro.)</i>
<b>Prince William Family Counseling</b>	8140 Ashton Ave, #200, Manassas 703.330.9933 12721 Darby Brook Ct, #102, Woodb. 703.497.1771 7001 Heritage Village Plaza, #240, Gain. 571.248.9933 <a href="http://www.pwfc.com">www.pwfc.com</a>	Life skills training, Intensive In-Home, and Counseling provided for families and children. Accepts Medicaid <i>Speaks Spanish in Woodbridge office Often has wait list</i>  <i>(Entrenamiento de habilidades para la vida, Intensivo en el hogar, Asesoramiento provee para familias y niños. Aceptan Medicaid Se habla español en la oficina de Woodbridge A menudo tiene lista de espera)</i>
<b>VA Home Based Counseling</b>	8140 Asthon Ave #200, Manassas 703.367.7800 <a href="http://chooseyourprovider.org">http://chooseyourprovider.org</a>	In home counseling, mentoring for children, ages 4-18yrs. Services provided 24 hours. For children who are at risk of being removed from home, difficult family situations). Accepts Medicaid. Self pay \$45hr - \$60 hr.  <i>Consejería en el hogar, mentoría para niños de 4-18 años. Servicios brindados las 24 horas. Para niños que están a riesgo de ser expulsados de sus hogares, situaciones familiares difíciles. Aceptan Medicaid. Pago propio \$45-\$60 la hora.)</i>
<b>Youth for Tomorrow</b>	11835 Hazel circle Drive Bristow, VA 703.659.9900	Counseling, crisis intervention, in-home counseling for youth and families. Available at some area schools. Accept insurances and Medicaid.  <i>(Asesoramiento, intervención de crisis, asesoramiento en el hogar para jóvenes y familias. Disponible en algunas escuelas del área. Aceptan seguros y Medicaid.)</i>

**DISABILITIES/SPECIAL NEEDS**  
**(Discapacidades/Necesidades especiales)**

<b>Organization</b>	<b>Contact</b>	<b>Hours/Information</b>
<b>ARC of Greater Prince William</b>	<b>703.670.4800</b> 13505 Hillendale Dr, Woodbridge, VA 22193	Developmental care for children and teens with disabilities. Residential and vocational programs for adults with disabilities. Family support and education.  <i>Cuidado del desarrollo para niños y adolescentes con discapacidades. Programas residenciales y vocacionales para adultos con discapacidades. Apoyo familiar y educación.)</i>
<b>Child Find</b>	<b>Manassas Park Schools 703.392.1317</b> Cougar Elementary, 9330 Brandon St, Manassas Park 703.335.8860 (during summer)  <b>Prince William County Schools 703.791.8857</b> 14800 Joplin Rd, Building 15, Manassas	Free developmental screenings for preschool (ages 2-5).  <i>(Exámenes de desarrollo gratuitos para preescolar (de 2-5 años.)</i>
<b>Community Services Early Intervention Program</b>	<b>703.792.7879</b> 7987 Ashton Ave, Suite 231, Manassas, VA 20109	Developmental screenings and follow-up (birth – 3yrs). Parent-Infant Education program. <i>Se habla español</i> <i>(Evaluaciones y seguimiento del desarrollo (nacimiento - 3 años) Programas de Educación para Padres e hijos.)</i>
<b>Parent Resource Center</b>	<b>703.791.8846</b> Kelly Leadership Building 14715 Bristow Rd, #1200, Manassas, VA 20112	Mon-Fri 830am-430pm Provides support, training, and information to parents of children with special needs.  <i>(Lunes-Viernes 830am-430pm</i> <i>Apoyo, entrenamiento é información para padres de niños con necesidades especiales.)</i>
<b>Social Skills Center</b>	<b>571.285.1403</b> 13885 Hedgewood Dr #233, Woodbridge, VA 22193	Socialization skill groups (communication, anger management) for children and adults. Groups for children with Asperger's and Autisim.  <i>(Grupos de habilidades de socialización (comunicación, manejo de la ira) para niños y adultos. Grupos para niños con Asperger y Autismo.)</i>



## EDUCATION (*Educación*)

Organization	Contact	Hours/Information
<b>Adult Education (GED &amp; ESOL)</b>	<b>703.791.2319 or 703.791.7357</b> <a href="http://adulsted.pwcs.edu">http://adulsted.pwcs.edu</a>  14800 Joplin Rd, Bldg 4, Manassas, VA 20112	Basic reading, math, and writing skills. English classes and GED classes.  <i>Habilidades básicas de lectura, matemáticas, y escritura. Clases de inglés y GED.</i>
<b>B.E.A.C.O.N.</b>	<b>703.368.7491 Or 571.428.2506</b> <a href="https://beaconliteracy.org">https://beaconliteracy.org</a>  9535 Linton Hall Rd, Bristow, VA 20136 Classes in Manassas and Woodbridge <i>Clases en Manassas y Woodbridge</i>	ESOL, citizenship, financial literacy, tutoring. Day and evening classes. Cost \$55-65  <i>ESOL, ciudadanía, educación financiera, tutoría. Clases de día y noche. Costo \$55-\$65</i>
<b>ESLIM- ESOL</b>	<b>703.841.0292</b> <a href="https://www.eslim.org/students">https://www.eslim.org/students</a> Classes at Grace United Methodist Church 9750 Wellington Rd, Manassas	ESOL- Cost \$30  <i>Tutorial para ESOL – Costo \$30</i>
<b>HOGAR Immigrant Services</b>	<b>571.208.1572</b> <a href="http://www.hogarimmigrantservices.org">www.hogarimmigrantservices.org</a>  8251 Shoppers Sq, Manassas (Education Office)	ESOL and Citizenship Cost \$50-\$125  <i>Tutorial para ESOL y ciudadanía Costo \$50-\$125</i>
<b>House of Mercy</b>	<b>703.659.1636</b> <a href="http://www.houseofmercyva.org">www.houseofmercyva.org</a>  8170 Flannery Ct, Manassas, VA 20109	Clothing and food. Free education classes and referrals. (ESOL, money management, life skills) Mon- Fri 10am-4pm; Wed 11am-7pm  Ropa y comida. Clases de educación gratis y referencias. (ESOL, manejo de dinero, conocimientos básicos de la vida) Lunes-Viernes Fri 10am-4pm; Miércoles 11am-7pm
<b>Lake Ridge Bible Church (ESOL)</b>	<b>703.494.8413</b> 12450 Clipper Dr, Woodbridge, VA 22192	ESOL (Tues & Thurs) Cost \$20  <i>ESOL (Martes &amp; Jueves) Costo \$20</i>
<b>Literacy Volunteers</b>	<b>703.670.5702</b> <a href="http://www.lvapw.org">www.lvapw.org</a>  4326 Dale Blvd, Suite 2, Woodbridge, VA 22193	Mon-Thurs, 10am-4pm & Friday– Appointment only Free tutoring for reading and writing, ESOL, computers, job readiness and GED.  <i>Lunes-Jueves 10am-4pm; Viernes– por cita solamente. tutoría gratis para leyendo, escritura, ESOL, computadoras, preparación de empleo y GED.</i>
<b>Manassas Baptist Church (ESOL)</b>	<b>703.361.2146</b> 8800 Sudley Rd, Manassas, VA 20110	ESOL- Cost \$50  <i>Tutorial para ESOL – Costo \$50</i>
<b>McLean Bible Church (ESOL)</b>	<b>703.772.4138</b> 10002 Battlefield Parkway, Manassas, VA 20109	ESOL- Cost \$20 <i>Tuesday &amp; Thursday – 930am-1130am; Monday – 7-8pm</i>  <i>Tutorial para ESOL – Costo \$20 Martes y jueves – 930am-1130am; Lunes – 7-8pm</i>
<b>National External Diploma Program</b>	<b>703.791.2319 Or 703.791.7357</b> 14800 Joplin Rd, Building 4, Manassas, VA 20112	Cost/ Costo \$800
<b>Northern Virginia Community College</b>	<a href="http://www.nvcc.edu">www.nvcc.edu</a>  <b>Manassas:</b> 6901 Sudley Rd, <b>703.257.6600</b> <b>Woodbridge:</b> 15200 Neabsco Mills Rd, <b>703.878.5700</b>	<b>Adult Pathways Program- 703.425.5245</b> <b>Earn While You Learn Program- 703.884.1116</b> <b>NOVA ESL- 703.323.3000</b>  <i>Programa de Caminos para Adultos – 703.425.5245</i> <i>Programa “Gana mientras aprendes” – 703.884.1116</i> <i>Programa ESL – 703.323.3000</i>
<b>SSI Career Resource Center</b>	<b>571.762.2327</b> <a href="http://www.ssihq.net">www.ssihq.net</a> 1 Park Place, Manassas Park, VA 20111	Computer based skills. Please call for appointment.  <i>Habilidades basadas en computadoras. Por favor llame</i>

	(stone house at Costello Park)	<i>para una cita.</i>
<b>VA Career Works</b>	<a href="https://vcwnorthern.com">https://vcwnorthern.com</a> <b>703.586.6800 – Woodbridge</b> 13370 Minnieville Rd, Woodbridge, VA 22192  <b>703.530.3073 – Manassas</b> 10500 Battlevue Pkwy, Battlevue Technology Center, Manassas, VA 20109	Financial classes and workforce programs. Mon, Tues, Thurs, & Fri – 830am-430pm Wed – 930am-430pm  Clases de Finanzas y programas de fuerza laboral. Lunes, Martes, Jueves, & Viernes – 830am-430pm Miércoles – 930am-430pm
<b>VA Cooperative Extension</b>	<b>703.792.5940</b> <a href="https://www.pwcgov.org/government/dept/vce">https://www.pwcgov.org/government/dept/vce</a> 8033 Ashton Ave, Suite 105, Manassas, VA 20109 Financial- <b>703.792.6287</b> Nutrition- <b>703.792.4764</b> Parenting- <b>703.792.6288</b>	4H Youth Program- <b>703.792.6286</b> Agriculture, Water Quality- <b>703.792.6285</b> Mon-Fri, 8am-5pm *Se habla español (4H Programa Juvenil – 703.792.6286 Agricultura, Calidad de Agua – 703.792.6285 Lunes-Viernes 8am-5pm)

## EMERGENCY/DISASTER (Emergencia Y Desastres)

Organization	Contact	Hours/Information
<b>ACTS Family Assistance Program</b>	<b>703.221.3186</b> 3900 Acts Lane, PO Box 74, Dumfries, VA 22026	Mon, Wed, Thurs, 9-1130am, 1-3pm Tues, 1-330pm, 5-7pm  <i>(Lunes, Miércoles, y Jueves, 9-1130am &amp; 1-3pm  Martes, 1-330pm &amp; 5-7pm)</i>
<b>American Red Cross</b>	<b>703.584.8400</b> 8550 Arlington Blvd, Fairfax, VA 22031	
<b>Salvation Army</b>	<b>703.580.8991</b> 1483 Old Bridge Rd #102, Woodbridge	Mon-Fri, 10am-12pm & 2-4pm  <i>(Lunes-Viernes, 10am-12pm &amp; 2-4pm)</i>
<b>SERVE (Northern VA Family Services)</b>	<b>571.748.2600</b> <a href="http://www.nvfs.org">www.nvfs.org</a> 10056 Dean Dr, Manassas, VA 20110	
<b>Social Services Department</b>	<b>Manassas Park, 703.335.8898</b> One Park Center Court, Manassas Park, VA 20111	Mon– Fri 830am– 5pm Apply for Medicaid, SNAP food assistance program, daycare assistance, fuel assistance.  <i>(Lunes-Viernes 830am-5pm  Solicite Medicaid, programa de asistencia alimentaria SNAP, asistencia de cuidado de niños, asistencia con combustible.)</i>
<b>Social Services Department</b>	<b>Prince William County</b> <b>Sudley North Administrative Bldg-703.792.7500</b> 7987 Ashton Ave, Manassas, VA 20109 <b>Ferlazzo Bldg.- 703.792.7500</b> 15941 Donald Curtis Dr, #180, Woodbridge, VA 22191	Mon- Fri 830am- 5pm Apply for Medicaid, SNAP food assistance program, daycare assistance, fuel assistance.  <i>(Lunes-Viernes 830am-5pm  Solicite Medicaid, programa de asistencia alimentaria SNAP, asistencia de cuidado de niños, asistencia con combustible.)</i>

Emergency Plans: [www.ready.gov/plan](http://www.ready.gov/plan) Spanish: [www.ready.gov/es/haga-un-plan](http://www.ready.gov/es/haga-un-plan)

Emergency Plans: [www.redcross.org/get-help/how-to-prepare-for-emergencies/make-a-plan.html](http://www.redcross.org/get-help/how-to-prepare-for-emergencies/make-a-plan.html)

Plan de Preparación Familiar: [www.ilrc.org/plan-de-preparacion-familiar](http://www.ilrc.org/plan-de-preparacion-familiar)

## EMPLOYMENT (Ayuda para Empleo)

Organization	Contact	Hours/Information
Employment Commission Job Service	703.897.0407 <a href="http://www.vaemploy.com">www.vaemploy.com</a> 13370 Minnieville Rd, Woodbridge, VA 22192	Mon, Tues, Thur, Fri - 830am-430pm & Wed 930am-430pm  (Lunes, Martes, Jueves, Viernes- 830am-430pm & Miércoles 930am-430pm)
Northern Virginia Community College	Earn While You Learn- <a href="http://www.yearup.org/apply">www.yearup.org/apply</a> Workforce Development- 703.503.6300 Adult Career Pathways- 703.425.5245	
VA Career Works	<a href="https://vcwnorthern.com">https://vcwnorthern.com</a>  703.586.6800 – Woodbridge 13370 Minnieville Rd, Woodbridge, VA 22192  703.530.3073 – Manassas 10500 Battleview Pkwy, Battleview Technology Center, Manassas, VA 20109	Financial classes and workforce programs. Mon, Tues, Thurs, & Fri – 830am-430pm Wed – 930am-430pm  Clases de Finanzas y programas de fuerza laboral. Lunes, Martes, Jueves, & Viernes – 830am-430pm Miércoles – 930am-430pm

### Job Fair Search:

[www.vec.virginia.gov/find-a-job/job-fairs](http://www.vec.virginia.gov/find-a-job/job-fairs)

### Manassas Park Government Employment:

[www.cityofmanassaspark.us/about-manassas-park/city-departments/human-resources.html](http://www.cityofmanassaspark.us/about-manassas-park/city-departments/human-resources.html)

### Manassas Park School Employment:

[www.mpark.net/departments/human-resources/employment-opportunities](http://www.mpark.net/departments/human-resources/employment-opportunities)

### Prince William County Government Employment:

[www.governmentjobs.com/careers/pwccgov](http://www.governmentjobs.com/careers/pwccgov)

### Prince William County Schools Employment:

[www.pwcs.edu/departments/departments\\_of\\_human\\_resources/employment\\_opportunities](http://www.pwcs.edu/departments/departments_of_human_resources/employment_opportunities)

## FOOD (Alimentos)



Organization	Contact	Info/Requirements	Hours
<b>ACTS</b>	<b>703.221.3186</b> <a href="http://www.actspwc.org">www.actspwc.org</a> 3900 ACTS Ln Dumfries, VA 22026	Picture ID, Lease/utility, current address, proof of income. Birth Certificate/SS# for children. Meet with an ACTS Case Worker prior to receiving food. <b>**first come, first serve, 22026 zip code**</b>  <i>Una Identificación con fotografía, el contrato de renta o recibo-cobro de utilidades, dirección de vivienda, comprobante de ingresos. Certificado de nacimiento/SS# del niño-a. Reunirse con el trabajador de su caso en ACTS antes de recibir alimentos. **Por orden de llegada, código postal 22026**</i>	Monday 9-1130am, 1-3pm; Tuesday 1-330pm, 5-630pm; Wednesday closed; Thursday 9-1130, 1-3pm Friday 9-1130am  <i>(Lunes 9-1130am, 1-3pm; Martes 1-330pm, 5-630 pm; Miércoles cerrado; Jueves 9-1130, 1-3 pm Viernes 9-1130 am)</i>
<b>Bag Of Hope</b> Grace Youth Center	<a href="http://www.gracechurchva.org/bagofhope">www.gracechurchva.org/bagofhope</a> Email: <a href="mailto:bagofhope@gracechurchva.org">bagofhope@gracechurchva.org</a> Grace Youth Center: 17857 Fraley Boulevard (Rt 1 N) Dumfries, VA 22026	Food assistance  <i>Asistencia de comida</i>	Wednesday 6-7:00pm  <i>Miércoles 6-7:00 pm</i>
<b>Bread Of Life</b> <b>Yeshua Church</b> <b>Of God In Christ</b>	<b>703.369.0306</b>  8671 Phoenix Drive Manassas, VA 20110	Provide food and other community referrals. For zip codes: 20110, 20108, 20109, 20111. Free Produce once per month.  <i>Provisión de alimentos y otros recursos en la comunidad. Para el código postal: 20110, 20108, 20109, 20111. Productos gratis una vez al mes.</i>	2 <sup>nd</sup> Saturday 9am-12pm Produce: 3 <sup>rd</sup> Wed. 5-6pm  <i>(2do Sábado 9am-12 pm Productos: 3er Miércoles 5-6pm)</i>
<b>Calvary Baptist Church</b>	<b>703.670.7217</b> <a href="http://www.cbc-woodbridge.org">www.cbc-woodbridge.org</a> 15880 Crest Dr. Woodbridge, 22193	Food assistance  <i>Asistencia de comida</i>	Tuesday, 10am-Noon  <i>(Miércoles, 10am-Mediodía)</i>
<b>Chapel Springs Church</b>	<b>703.368.2895</b> 11500 New Life Way Bristow, VA 20136	Must have ID, prove residency. Help every 3 months.  <i>Identificación con fotografía es requerida, prueba de residencia domiciliaria. Ayuda cada 3 meses</i>	Wednesday, 12- 3pm  <i>(Miércoles, 12-3pm)</i>
<b>Christ Chapel</b>	<b>703.670.8481</b> <a href="http://www.christchapel.org">www.christchapel.org</a>  13909 Smoketown Road Woodbridge, VA 22192	Please call ahead of time and set up a pick up time before coming to the church. <b>BY APPOINTMENT ONLY</b>  <i>Favor llamar con anticipación y hacer una cita para recoger la ayuda antes de venir a la iglesia. SE ATIENDE CON CITA SOLAMENTE</i>	Sunday, by appointment Requests taken Mon-Fri (9-5)  <i>(Domingos, por cita Solicitudes recibidas Lunes-Viernes 9-5)</i>
<b>Church of Christ (Dale City)</b>	<b>703.590.1790</b> 13130 Hillendale Dr. Dale City, VA 22193	Food assistance, no ID required.  <i>Asistencia de comida, no es requerido traer Identificación.</i>	Monday 4-7pm  <i>(Lunes 4-7 pm)</i>
<b>Dumfries United Methodist Church</b>	<b>703.221.2880</b> <a href="http://www.dumfriesumc.org">www.dumfriesumc.org</a>  3890 Cameron Street Dumfries, VA 22026	Clothes and Food Pantry, must register. Must bring ID DINNER -2 <sup>ND</sup> & 4 <sup>TH</sup> MONDAY 530-630pm  <i>Regístrese para la Distribución de ropa y Alimentos. Debe Traer Identificación personal. Provisión de CENA cada -2do y 4to Lunes de 5:30 a 6:30 pm</i>	Monday  <i>(Lunes)</i>

<b>First AME Church of Manassas</b>	<b>703.361.8791</b> 10313 South Grant Avenue Manassas, VA 20110	Residents of Manassas, Manassas Park, & PWC. Food Pantry Saturdays from 10am to 1pm. Please call on Friday before to reserve a spot, ID required.  <i>Residentes del área de Manassas, Manassas Park y PWC. La Despensa de Alimentos son los sábados de 10am a 1pm. Favor llamar el viernes antes para reservar su espacio, Identificación personal es requerida.</i>	Sunday 10am-2pm, appointment required  <i>(Domingos 10am-2pm Citas requeridas)</i>
<b>Grace Church</b>	<b>703.494.4600</b> 1601 Prince William Parkway Woodbridge, VA 22191	Food Assistance  <i>Asistencia de Alimentos</i>	Please call  <i>(Por favor llamar)</i>
<b>Grace Life Community Church</b>	<b>571.229.1700</b> 9560 Linton Hall Rd. Bristow, VA	Food pantry. ID required. Only able to get 2 time every 30 days.  <i>Despensa de Alimentos. Identificación personal es requerida. Disponible para recibir solamente 2 veces cada 30 días.</i>	Tuesday 1- 3pm  <i>(Martes 1-3pm)</i>
<b>Grace United Methodist Church</b>	<b>703.361.7800</b> 9750 Wellington Road Manassas, VA 20110	Food pantry and utility assistance for families residing in Manassas or Manassas Park. Registration required- proof of income, ID, copy of lease or utility bill  <i>Asistencia de alimentos y utilidades para familias que viven en Manassas o Manassas Park. Es requerido registrarse (necesario traer prueba de ingresos, Identificación personal, copia de alquiler de vivienda o cobro de utilidades)</i>	Wednesday 1-2pm  <i>(Miércoles 1-2pm)</i>
<b>Holy Family Catholic Church</b>	<b>703.730.1791</b> 14160 Ferndale Rd. Dale City, VA 22193	Food assistance, by appointment only  <i>Asistencia de comida, solamente con cita.</i>	Monday – Friday, 10am-130pm  <i>Lunes - Viernes 10am-130pm</i>
<b>Hope Aglow Empowerment Center</b>	<b>703.490.4673</b> 13550 Jefferson Davis Highway, Woodbridge, VA	Food assistance  <i>Asistencia de comida</i>	Tues- Fri 9am-5pm Saturday Closed Sunday 9am – 2pm  <i>Martes – Viernes 9am-5pm Cerrado Sábado Domingo 9am-2pm</i>
<b>House of Mercy</b>	<b>703.659.1636</b> <a href="http://www.houseofmercyva.org">www.houseofmercyva.org</a> 170 Flannery Ct, Manassas, VA 20109	SHARE food program and food pantry  <i>Programa de alimentos SHARE y Despensa de comida</i>	Mon- Sat 10am – 5pm Wed 10am-7pm  <i>(Lunes-Sábado 10am-5pm Miércoles 10am-7pm)</i>
<b>Manassas Baptist Church</b>	<b>703.361.2146</b> <a href="http://www.werchurch.com">www.werchurch.com</a> 8730 Sudley Road, Rm 46, Manassas, VA 20110	Food or Clothes for Manassas, Manassas Park, & PWC residents. First Come- First Served. Enter by the Cornerstone Ministries Entrance. No ID required. 2x per month.  <i>Ropa y alimentos para el área de Manassas, Manassas Park, y residentes de PWC. Serviremos Por Orden de Llegada. Utilizar la entrada de Cornerstone Ministries. No es requerido que muestre identificación. 2 veces por mes.</i>	Wednesday 530-730pm  <i>(Miércoles 530-730pm)</i>
<b>Manassas St. Thomas UMC</b>	<b>703.368.5161</b> <a href="http://www.stthomasumc.org">www.stthomasumc.org</a> 8899 Sudley Rd Manassas, VA 20109	For Manassas, Manassas Park, & PWC residents- must provide ID and proof of residence. Assistance once per month.  <i>Para el área de Manassas, Manassas Park, y residentes de PWC deben proveer identificación y prueba de residencia-domicilio. Asistencia una vez por mes.</i>	Saturday 9-1130am USDA food give away is the 3 <sup>rd</sup> Saturday of the month  <i>(Sábado 9-1130am La comida de USDA es el tercer sábado del mes)</i>



<b>Mercy Food Pantry</b>	<b>703.670.7217</b> Calvary Baptist Church, 15880 Crest Drive Woodbridge, VA 22191	Must have photo id and proof of address such as a bill or any document with home address.  <i>Debe traer una identificación con fotografía y un comprobante de su dirección (recibo-cobro con la dirección de su casa)</i>	Tuesday 10am-12pm  <i>(Martes 10am-12pm)</i>
<b>Our Lady of Angels</b>	<b>571.377.8371</b> Mary's Way, Woodbridge, VA 22191	Food gift cards. Serving zip codes 22191, 22192, 22193, 22195, 22079, & 22125. Requires picture ID, proof of residence, and SS.  <i>Tarjetas de regalo de comida. Sirviendo en los códigos postal 22191, 22192, 22193, 22195, 22079 &amp; 22125. Es requerido mostrar identificación con una fotografía, prueba de residencia de vivienda, y Social.</i>	2 <sup>nd</sup> & 4 <sup>th</sup> Tuesday and Thursday 3-530pm  <i>(Segundo y Cuarto Martes y Jueves 3-530pm)</i>
<b>St. Francis House</b>	<b>703.221.6344</b> <a href="http://www.stfrncis.org/st-francis-house/">www.stfrncis.org/st-francis-house/</a> 2606 Heth Ct, Dumfries, VA 22026	Provides food and financial assistance. Must register first with photo ID, utility bill. Serving Dumfries, Triangle, Quantico.  <i>Provisión de comida y Asistencia financiera. Debe registrarse primero con una identificación con una fotografía, cobros-recibos de utilidades. Servimos área de Dumfries, Triangle y Quantico</i>	Mon- Thurs 9am-12pm  <i>(Lunes-Jueves 9am-12pm)</i>
<b>St. Vincent de Paul</b>	<b>703.368.2429</b> <b>Spanish 703.393.1483</b>	Resources for those in need <i>Recursos para personas en necesidad</i>	Call for assistance <i>(Llame para asistencia)</i>
<b>Sacred Heart Catholic Church</b>	<b>703.590.0030</b> 12975 Purcell Rd, Manassas, VA	Must provide ID and bill with address. Food will be given out on a first come first serve basis.  <i>Debe proveer una identificación y un cobro-recibo con su dirección. Se atenderá en orden de llegada.</i>	Saturday, 9am  <i>(Sábado, 9am)</i>
<b>SERVE-, Northern Virginia Family Service</b>	<b>571.748-2600</b> <a href="http://www.nvfs.org">www.nvfs.org</a> 10056 Dean Dr. Manassas, VA 20110	Serving Western PWC & Manassas Park. Food pantry, emergency assistance. Photo ID and proof of residency required.  <i>Sirviendo el área Oeste de PWC y Manassas Park. Despensa de comida y asistencia de emergencia. Es requerido presentar identificación con fotografía y prueba de residencia.</i>	Tues,Thur,Fri 930-1130am Mon,Tues,Wed,Thur 1-3pm  <i>Martes, Jueves, Viernes 930-1130am Lunes, Martes, Miércoles, Jueves 1-3pm)</i>
<b>Tabernacle Baptist Church</b>	<b>703.368.8610</b> 8275 Barrett Drive Manassas, VA 20109	Food pantry to residents of Manassas, Manassas Park, & PWC. <b>Family must attend services prior to assistance.</b> Call for an appointment.  <i>Despensa de comida para los residentes de Manassas, Manassas Park y PWC. Las familias deben asistir a los servicios (culto) antes de recibir asistencia. Favor llamar y hacer cita.</i>	Wed 7pm Sun 10am or 6pm.  <i>(Miércoles 7pm Domingo 10am o 6pm)</i>
<b>The Lord's Pantry (St. Paul UMC)</b>	<b>703.494.2445</b> <a href="http://www.stpaul-umc.org/pantry">www.stpaul-umc.org/pantry</a> 1400 G Street (Lower Level) Woodbridge, VA 22191	Low income/ must live in 22191, 22192, 22193 zip code *bring identification and proof of address*  <i>Familias de bajos recursos/ debe vivir en el código postal 22191, 22192, 22193 *traer identificación y prueba de residencia-vivienda.</i>	1 <sup>st</sup> Sat. 8-1030am 3 <sup>rd</sup> Thurs. 3-530pm  <i>(Primer Sábado 8-1030am Tercer Jueves 3-530pm)</i>

<b>Triangle Baptist Church</b>	<b>703.221.7191</b> 4345 Inn Street Triangle, VA 22192	Dumfries, Triangle, Quantico area, must provide ID/address. Once per month. First come, first served.  <i>Residentes del área de Dumfries, Triangle, Quantico, debe traer identificación personal/dirección. Una vez al mes. Por order de llegada.</i>	Tues. 11-11:50am  <i>(Martes 11-11:50am)</i>
<b>Vineyard Christian Fellowship</b>	<b>703.491.2288 (#2)</b> 1550 Prince William Parkway Woodbridge, VA	Food and financial assistance. Dinner offered on Wednesdays at 7pm.  <i>Asistencia de comida y financiera. Se provee Cena los miércoles a las 7pm.</i>	Tues. & Thurs. 930-1130am  <i>(Martes y Jueves 930-1130am)</i>

Online Search: [www.mhhministries.org/resources](http://www.mhhministries.org/resources)

Online Search: [www.211.org](http://www.211.org)

## FURNITURE (Muebles)

Organization	Contact	Hours/Information
<b>ACTS Thrift Store</b>	<b>703.221.3298</b> 3661 Canal Rd, Dumfries, VA 22026	Mon-Fri 10am-830pm, Sat 10am-730pm <i>(Lunes-Viernes 10am-830pm, Sábado 10am-730pm)</i>
	<b>703.490.9697</b> 14414 Jefferson Davis Hwy, Woodbridge, VA 22191	Mon-Sat 10am-430pm <i>(Lunes-Sábado 10am-430pm)</i>
<b>B-Thrifty</b>	<b>703.586.5261 OR 703.986.8729</b> <a href="http://b-thrifty.com/virginia">http://b-thrifty.com/virginia</a> 13412 Jefferson Davis Hwy, Woodbridge, VA 22191	Furniture assistance for families who have experienced homelessness  <i>Asistencia con muebles para familias que han experimentado o sido indigentes</i>
<b>Salvation Army</b>	<b>703.580.8991</b> 4343-A Ridgewood Center Dr, Woodbridge, VA 22192	Mon-Fri 10am-12pm & 2-4pm  <i>(Lunes-Viernes 10am-12pm &amp; 2-4pm)</i>
<b>SERVE (Northern VA Family Services)</b>	<b>571.748.2600</b> 10056 Dean Dr, Manassas, VA 20110	Thrift Store ( <i>Tienda de Segunda Mano</i> ) : 10043 Nokesville Rd, Manassas <b>703.330.4442</b>



## HEALTH (Salud)

Organization	Contact	Hours/Information
<b>American Cancer Society</b>	<b>703.938.5550</b> 124 Park St, SE, Vienna, VA 22180	Mon-Fri, 8am-5pm Information on prevention, treatment, causes of cancer, and services for patients and families.  <i>(Lunes-Viernes, 8am-5pm Información sobre prevención, tratamiento, causas de cáncer, y servicios para pacientes y familias)</i>
<b>American Red Cross</b>	<b>703.584.8400</b> 8550 Arlington Blvd, Fairfax, VA 22031	CPR and First Aid classes  <i>(CPR y clases de primeros auxilios)</i>
<b>Anthem Health Keepers Plus</b>	<b>1.800.901.0020</b> <a href="https://mss.anthem.com/va">https://mss.anthem.com/va</a> <a href="http://www.virginiamanagedcare.com">www.virginiamanagedcare.com</a> 3800 Concord Pkwy, Suite 2000, Chantilly, VA 20151	
<b>Dental Hygiene Clinic</b>	<b>703.822.6607</b> 6699 Springfield Center Dr, Springfield, VA 20150	Mon-Fri, 9am-4pm Oral exams, dental x-rays, cleaning and preventative treatment. \$35 fee.  <i>(Lunes-Viernes, 9am-4pm Exámenes orales, radiografías dentales, limpieza, y tratamiento preventivo. Cuota \$35.00)</i>
<b>Dental Restorative Clinic</b>	<b>703.822.6607</b> 6699 Springfield Center Dr, Springfield, VA 20150	Mon-Fri, 9am-4pm Comprehensive exams, fillings, root canals, crowns and bridges. \$75 initial fee.  <i>(Lunes-Viernes, 9am-4pm Exámenes exhaustivos, empastes, endodoncias, coronas y puentes. Cuota inicial \$75.)</i>
<b>Every Woman's Health</b>	<b>1-866-395-4968 or 703-792-6301</b> <a href="http://www.vdh.virginia.gov/every-womans-life/">http://www.vdh.virginia.gov/every-womans-life/</a> 4001 Prince William Pkwy, Suite 101, Woodbridge, VA 22191	Free mammogram and PAP test for uninsured women (40-64 years old). For 18-39yrs services for abnormal PAP or breast lumps.  Examen de mamografía y papanicolau gratis para mujeres sin seguro médico (de edades 40-64). Servicios para un papanicolau anormal o bultos-masas en los pechos entre edades de 18-39 años
<b>Family Health Connection</b>	<b>703.523.1095</b> 2300 Opitz Blvd, Woodbridge, VA 22191	703.670.1852 (information/ <i>información</i> )
<b>Free Community Health Clinic</b>	<b>703.993.5880</b> 99 Tremont St, Manassas Park	Tues, 8am-12pm, walk in. Residents of MP and PWC with NO insurance.  <i>(Residentes de PWC y Mansassas Park sin seguro. Martes 8am-12pm, No necesita cita)</i>
<b>Greater PW Health Center</b>	<b>703.680.7950</b> <a href="http://www.GPWHealthCenter.org">www.GPWHealthCenter.org</a> Ridgewood Health Center; 4379 Ridgewood Center Dr, #102, Woodbridge Evergreen Health Center; 9705 Liberia Ave #201, Manassas Dumfries Health Center, 17739 Main St, Dumfries  <b>Ask for transportation if needed</b>	Mon-Fri, 8am-4:30pm; Wed, 8am-7pm Walk in sick patients, Mon-Fri 8-10am Immunizations/TB test/Pregnancy test, <u>appointment only</u>  <i>(Lunes-Viernes, 8am-4:30pm; Miércoles, 8am-7pm Pacientes enfermos entrar, Lunes-Viernes 8-10am Vacunas/TB evaluación/ Exámenes de embarazo, <u>solo con cita</u>)</i>
<b>Health Department</b>	4001 Prince William Pkwy, # 101, Woodbridge- <b>703.792.7300</b> 9301 Lee Ave, Manassas- <b>703.792.6300</b> WIC- <b>703.792.7319</b>	Mon-Fri, 8am-4:30pm  <i>(Lunes-Viernes, 8am-4:30pm)</i>

<b>In Total Health</b>	<b>1.855.323.5588</b> <a href="http://www.intotalhealth.org">www.intotalhealth.org</a> 2600 Park Tower Dr, Suite 600, Vienna, VA 22180	
<b>Kids and Family Dental</b>	9012 Mathis Ave, Manassas- <b>571.921.1111</b> 13648 Jefferson Davis Hwy, Wood.- <b>571.441.1380</b> <a href="http://www.kidzdentalva.com">www.kidzdentalva.com</a>	Dental services. Accepts Medicaid and other insurance. Also accepts cash payments.  <i>(Servicios dentales. Aceptan Medicaid y otros seguros. También se aceptan pagos en efectivo.)</i>
<b>Mother of Mercy Free Clinic</b>	<b>703.335.2779</b> <a href="http://www.cda.net">www.cda.net</a>  9380 Forestwood Ln #B, Manassas, VA 20110	Free clinic (physical, sick visits, prenatal, referrals). Eligibility (income, residency) Mon – 8am-4pm, Tues – 8am-330pm, Wed – 1230pm-7pm, Thurs – 8am-330pm
<b>Northern Virginia Family Service</b>	<b>571.748.2599</b> <a href="http://www.nvfs.org">www.nvfs.org</a>  10056 Dean Dr, Manassas, VA 20110	Pharmacy Central/ Farmacia Central- <b>571.748.2611</b> Healthlink/ Conexión Medica- <b>571.748.2940</b> Marketplace Insurance- <b>571.748.2580</b>
<b>NOVANT</b>	<b>703.369.8000</b> <a href="http://www.pwhs.org">www.pwhs.org</a>  8700 Sudley Rd, Manassas, VA 20110	Emergency/ Emergencia- <b>703.369.8337</b> Free Physicians Referral/ Referencias Medicas Gratis- <b>703.530.WELL</b>
<b>Partnership for Healthier Kids, INOVA</b>	<b>703.967.3772 Or 703.698.2550</b>  Facebook: @inovaphk Email: <a href="mailto:phk@inova.org">phk@inova.org</a>	Help with Medicaid applications/renew enrollment.  <i>(Ayuda con aplicaciones de Medicaid/renovar la inscripción.)</i>
<b>Pediatric Primary Care Project</b>	<b>703.244.7310</b> <a href="http://www.nvfs.org">www.nvfs.org</a>	Health assistance for children who have NO insurance and are not eligible for Medicaid.  <i>(Asistencia médica para niños que NO tienen seguro y que no son elegibles para Medicaid.)</i>
<b>Potomac Family Dental</b>	<b>703.348.8070</b> <a href="http://www.potomacfamilydental.com">www.potomacfamilydental.com</a>  14338 Gideon Dr, Woodbridge, VA 22192	Uninsured adults and children, cash pay \$79 exam including X-ray  Adultos y niños sin seguro dental, pago en efectivo Examen incluyendo rayos-X \$79
<b>Prince William Area Free Clinic</b>	<b>703.499.9034</b> <a href="http://www.pwafc.org">www.pwafc.org</a>  Unified Health Center; 13900 Church Hill Dr, Woodbridge  Facebook: @pwafreeclinic Email: <a href="mailto:info@pwafc.org">info@pwafc.org</a>	Uninsured, low income, in PW or MP  Dental- 1st Monday of each month- <b>703.792.7321</b> <i>(Dental - el 1er lunes de cada mes)</i> Primary care <i>(atención primaria)</i> Labs, Mammogram <i>(laboratorios, mamografía)</i> Pharmacy <i>(farmacia)</i> Diabetes Management <i>(control de la diabetes)</i> Counseling <i>(consejería)</i>
<b>Sentara Medical Center</b>	<b>1.800.SENTARA Or 703.523.1000</b> <a href="http://www.sentara.com/northernvirginia">www.sentara.com/northernvirginia</a> 2300 Opitz Blvd, Woodbridge	Register for classes or physician referral  <i>(Registro para clases o para encontrar un doctor)</i>

# HOUSING

## (Vivienda y Albergue)



Organization	Contact	Hours/Information
<b>ACTS Shelter</b>	<b>703.221.3188</b> 17866 Main St, PO Box 74, Dumfries, VA 22026	24 hours  (24 horas)
<b>B.A.R.N. Transitional Housing</b>	<b>703.369.1325</b> <a href="http://www.barninc.org">www.barninc.org</a> 9541 Linton Hall Rd, Bristow, VA 20136	
<b>Catholic Charities</b>	<b>703.548.4227</b> 131 South West St, Alexandria, VA 22314	Assistance with rent payments.  (Asistencia con pagos de renta.)
<b>Catholics for Housing</b>	<b>703.221.4510</b> <a href="http://www.cfva.org">www.cfva.org</a>  18139 Triangle Shopping Plaza, Suite 209, Dumfries	Security Deposit assistance program- application online Senior rental assistance.  (Programa de asistencia de depósito de seguridad – aplicación en línea. Asistencia de alquilar para personas mayores.)
<b>Coordinated Entry System</b>	<b>703.792.3366</b>	Hotline for housing assistance, referrals, prevent eviction.  (Línea directa para asistencia de vivienda, referidos, y prevenir el desalojo.)
<b>Homeless Prevention Center, NVFS</b>	<b>571.492.7055</b> <b>Shelter intake, 703.792.3366</b> <a href="http://www.nvfs.org">www.nvfs.org</a> 14945 Jefferson Davis Hwy, Woodbridge, VA 22191	Case management, GED tutoring, assistance finding a job, parenting classes, AA and NA onsite.  (Administración de casos, tutoría de GED, asistencia para encontrar trabajo, clases para Padres, AA y NA en lugar.)
<b>Housing and Community Services</b>	<a href="http://www.hcsnv.org">www.hcsnv.org</a>	Foreclosure prevention program, financial literacy, and first time home buyer workshops.  (Programa de prevención de ejecuciones hipotecarias, educación financiera, y talleres para compradores de viviendas por primar vez.)
<b>SERVE, Northern VA Family Services</b>	<b>703.792.3366</b> <a href="http://www.nvfs.org">www.nvfs.org</a> 10056 Dean Dr, Manassas, VA 20110	24 hours  (24 horas)
<b>Office of Housing and Community Development</b>	<b>703.792.7530</b> <a href="http://www.pwcgov.org/government/dept/housing">www.pwcgov.org/government/dept/housing</a>  15491 Donald Curtis Dr, #112, Woodbridge, VA 22191	Mon-Fri, 8am-5pm Housing voucher program, first time home buyer programs, transitional housing information.  (Lunes-Viernes, 8am-5pm Programa de cupón de vivienda, programas de compradores de viviendas por primera vez, información de vivienda transitoria.)
<b>Turning Points/ACTS</b>	<b>703.221.4951</b> PO Box 74, Dumfries, VA 22026	Mon– Fri (Lunes-Viernes), 8am-4pm- <b>703.221.4460</b>
<b>Winter Shelter (Nov 1– Mar 3)</b>	<b>703.368.3612</b> 14730 Potomac Mills Rd, Woodbridge, VA 22192	

## IMMIGRATION SERVICES (*Servicios inmigratorios*)

Organization	Contact	Services	Languages
<b>Ayuda</b>	703.444.7009 <a href="http://www.ayuda.com">www.ayuda.com</a> 2701 Prosperity Ave #300 Fairfax, VA 22031	Immigration services, assist with DREAM Act  <i>Servicios de Inmigración, asistencia con DACA</i>	Spanish  Español
<b>Ethiopian Community Council</b>	703.685.0510 <a href="http://www.ecdcus.org">www.ecdcus.org</a> 901 South Highland Street, Arlington, VA 22204	Refugee/ services, education, health, social services  <i>Refugio/ servicios de reasentamiento, educación, salud, servicios sociales</i>	African Languages  <i>Idiomas Africanos</i>
<b>Hispanic Committee of VA</b>	703.671.5666 <a href="http://www.hispanicaccess.org">www.hispanicaccess.org</a> 5827 Columbia Pike #200 Falls Church, VA 22041	Legal services, English classes, social services (Mon-Fri 8am-430pm)  <i>Servicios legales, Clases de inglés, servicios sociales (Lunes-Viernes 8am-4:30pm)</i>	Spanish  Español
<b>Hispanic Liaison Office Office of Multicultural Affairs</b>	804.646.0145 <a href="http://www.richmondgov.org/HispanicLiaison">www.richmondgov.org/HispanicLiaison</a> 4100 Hull Street Rd Richmond, VA 23224	Interpreting/ translation, community referrals, education, children with disabilities (Mon-Fri 8am-5pm)  <i>Servicios de interpretaciones/traducciones, referencias en la comunidad, educación, niños con discapacidades (Lunes a Viernes 8am-5pm)</i>	Spanish  Español
<b>Hispanos Unidos</b>	703.533.1760 6400-B Seven Corners Pl. Falls Church, VA 22044	Immigration, employment, legal services, tax services, translation  <i>Servicios de Inmigración, empleo, servicios legales, preparación de impuestos, traducciones</i>	Spanish  Español
<b>Hogar Immigrant Services</b>	703.534.9805 <a href="http://www.hogarimmigrantservices.org">http://www.hogarimmigrantservices.org</a> Legal office: 6301 Little River Tnpk. #300, Alexandria, VA 22312	Legal Services, English Classes, assist with DREAM Act. Education office: 8251 Shoppers Sq, Manassas, VA 20111  <i>Servicios legales, clases de inglés, asistencia con DACA. Oficina de educación: 8251 Shoppers Sq, Manassas, VA 20111</i>	Spanish  Español
<b>Just Neighbors Legal Services</b>	703.979.1240 <a href="http://www.justneighbors.org">www.justneighbors.org</a> 5827 Columbia Pike #320 Falls Church, VA 22041	Legal Services, assist with DREAM Act. Immigration services for refugees of all faiths and nationalities.  <i>Servicios legales, asistencia con DACA, servicios de inmigración para refugiados de cualquier religión o nacionalidad.</i>	Spanish  Español
<b>Korean Community Service</b>	703.354.6354 <a href="http://www.kcscgw.org">www.kcscgw.org</a>	Education, community services, social services, immigration. Cash for Success program  <i>Educación, servicios en la comunidad, servicios sociales, inmigración. Programa Dinero para el Éxito.</i>	Korean  Coreano

<b>Mil Mujeres Legal Services</b>	202.808.3311 <a href="http://www.milmujeres.org">www.milmujeres.org</a> 2000 Pennsylvania Ave, NW, Suite 4100 Washington, DC 20006 P.O. Box 73430, Washington, DC 20056 washingtondc@milmujeres.org	Immigration legal assistance U-VISA, VAWA Support and information Email: <a href="mailto:Info@milmujeres.org">Info@milmujeres.org</a>  <i>Servicios legales de inmigración y asistencia con U-VISA, VAWA, Información y soporte. Correo electrónico: <a href="mailto:Info@milmujeres.org">Info@milmujeres.org</a></i>	Spanish Español
<b>Northern VA Family Services</b>	571.748.2800 <a href="http://www.nvfs.org">www.nvfs.org</a> 6400 Arlington Blvd, Suite 110 Falls Church, VA 22042	Immigration services, assist with DREAM Act, U VISA. \$50 consultation fee  <i>Servicios de inmigración y asistencia con DACA, U VISA. Precio de consulta \$50</i>	Spanish, French Español, Francés
<b>Office of Hispanic Services</b>	804.745.4044 13 Granite Springs Rd. Richmond, VA 23225	Tax services & Insurance Mon-Fri (9am-7pm); Sat (9am-2pm)  <i>Servicios de impuestos y Aseguranza Lunes a Viernes (9am-7pm); Sabado (9am-2pm)</i>	Spanish Español
<b>Tahirih Justice Center</b>	571.282.6161 6402 Arlington Blvd, #300 Falls Church, VA 22042 571.282.6161 (Tues 10-2)	Legal services for female immigrants & refugees <a href="http://www.tahirih.org">www.tahirih.org</a> Email: <a href="mailto:greaterdc@tahirih.org">greaterdc@tahirih.org</a>  <i>Servicios legales para inmigrantes sexo femenino y refugiados</i> <a href="http://www.tahirih.org">www.tahirih.org</a> correo electrónico: <a href="mailto:greaterdc@tahirih.org">greaterdc@tahirih.org</a>	Spanish Español

## LEGAL (Ayuda Legal)

Organization	Contact	Hours/Information
<b>Court System</b>	9311 Lee Ave, Manassas, VA 20110 <a href="http://www.courts.state.va.us">www.courts.state.va.us</a> General District Court- <a href="http://www.pwcgov.org/gdc">www.pwcgov.org/gdc</a> Traffic/Criminal- <b>703.792.6141</b> Civil/ Civil- <b>703.792.6149</b> Juvenile/Domestic- <b>703.792.6160</b> <a href="http://www.pwcgov.org/jdr">www.pwcgov.org/jdr</a> Circuit Court- <b>703.792.6015</b> <a href="http://www.pwcgov.org/ccourt">www.pwcgov.org/ccourt</a>	Prince William County, Manassas, and Manassas Park Court System  <i>(Sistema de Corte para el Condado de Prince William, Manassas, y Manassas Park)</i>
<b>Child Support Enforcement</b>	<b>1.800.468.8894</b> 8551 Rixlew Ln, 4th floor, Manassas, VA 20109	Mon– Fri ( <i>Lunes-Viernes</i> ), 7am-6pm
<b>HOGAR Immigrant Services</b>	<b>703.534.9805</b> <a href="http://www.hogarimmigrantservices.org">www.hogarimmigrantservices.org</a> 6201 Leesburg Pike, #307, Falls Church, VA 22044	\$50 consultation fee ( <i>Precio de consulta</i> )
<b>Legal Services of Northern Virginia</b>	<b>571.482.2680</b> 9240 Center St, Manassas, VA 20110	Mon-Fri ( <i>Lunes-Viernes</i> ), 930am-1230pm & 130-330pm
<b>Victim Witness Protection</b>	<b>703.392.7083</b> 9401 Grant Ave, Manassas, VA 20110	Mon-Fri ( <i>Lunes-Viernes</i> ), 830am-5pm

# MATERNITY (Maternidad)



Organization	Contact	Hours/Information
<b>Birthright</b>	<b>1.800.550.4900</b> 4207 Dale Blvd, Woodbridge,- <b>703.583.1178</b> 10752-B Ambassador Dr, Manassas- <b>703.361.9769</b>	Free pregnancy testing, material aid. <i>(Examen de embarazo gratis, ayuda material.)</i>
<b>CareNet Pregnancy Resource Center</b>	8691 Stonewall Rd, Suite B, Manassas- <b>703.330.1330</b> 3122 Golansky Blvd, #101, Woodbridge- <b>703.670.5322</b>	Free pregnancy testing, ultrasound, pregnancy resources, STD information, and relationship help. <i>(Examen de embarazo gratis, ultrasonido, recursos de embarazo, información de ETS, y ayuda con relación.)</i>
<b>Early Head Start/Healthy Families</b>	<b>Northern VA Family Services</b> <b>571.784.2770 OR 571.748.2500</b> <a href="http://www.nvfs.org">www.nvfs.org</a> 10056 Dean Dr, Manassas, VA 20110	Support for low income families with children ages 0-3. Home visits and referrals. Home-based program and center-based program for working families. <i>(Apoyo para familias de bajos ingresos con niños de 0-3 años. Visitas a domicilio y referencias. Programas basados en hogar y en el centro para familias trabajadoras.)</i>
<b>Mother of Mercy Free Clinic</b>	<b>703.335.2779</b> <a href="http://www.cda.net">www.cda.net</a> 9380 Forestwood Ln #B, Manassas, VA 20110	Free clinic (physical, sick visits, prenatal, referrals). Eligibility (income, residency) Mon – 8am-4pm, Tues – 8am-330pm, Wed – 1230pm-7pm, Thurs – 8am-330pm  Clínica gratuita (examen físico, visitas por enfermedad, cuidado prenatal, referencias). Requisitos para calificar (ingresos, residencia (dirección)) Lunes– 8am-4pm, Martes – 8am-3:30pm, Miércoles– 12:30pm-7pm, Jueves – 8am-3:30pm
<b>Greater PW Health Center</b>	<b>703.680.7950</b> <a href="http://www.GPWHealthCenter.org">www.GPWHealthCenter.org</a> Ridgewood Health Center; 4379 Ridgewood Center Dr, #102, Woodbridge Evergreen Health Center; 9705 Liberia Ave #201, Manassas Dumfries Health Center, 17739 Main St, Dumfries	Mon-Fri, 8am-430pm Wed, 8am-7pm Prenatal care and OB-GYN care  <i>(Lunes-Viernes, 8am-430pm Miércoles, 8am-7pm Cuidado Prenatal y Ginecología/Obstetricia)</i>
<b>Health Department (WIC)</b>	<b>703.792.7319</b> 4001 Prince William Pkwy, #101, Woodbridge	Mon-Fri, 8am-430pm <i>(Lunes-Viernes, 8am-430pm)</i>



## TRANSPORTATION (Transportacion)

Organization	Contact	Hours/Information
<b>DMV/Department of Motor Vehicles</b>	<b>1.804.497.7100</b> 9800 Godwin Dr, Manassas, VA 20110 2731 Caton Mill Rd, Woodbridge, VA 22192	Mon-Fri, 8am-5pm Sat, 8am-12pm
<b>Vehicles for Change (NVFS)</b>	<b>571.748.2592</b> <a href="http://www.nvfs.org">www.nvfs.org</a> 10056 Dean Drive, Manassas, VA 20110	Assistance with obtaining a vehicle, must be a recipient of TANF.  <i>(Asistencia para obtener un vehículo, tiene que recibir TANF.)</i>
<b>Omni Link Local Bus Service</b>	<b>703.730.OMNI (6664)</b> Admin Office <b>703.583.7782</b>	Local bus transportation for Prince William County, Manassas City, and Manassas Park. Route hours 530am-10pm. Call for schedule.  <i>(Transporte de autobús local para el Condado de Prince William, Manassas City, y Manassas Park. Horas de rutas 530am-10pm. Llame para el horario.)</i>
<b>OmniRide Commuter Bus Service</b>	<a href="http://www.prtcctransit.org">www.prtcctransit.org</a> 14700 Potomac Mills Rd, Woodbridge, VA 22192	Metro bus and commuter services <i>(Servicios de autobús Metro y cercanías)</i> 530am-830pm

## UTILITY ASSISTANCE (Ayuda para pagar agua, luz, etc.)

Organization	Contact	Hours/Information
<b>ACTS Family Assistance Program</b>	<b>703.221.3186</b> 3900 Acts Lane, PO Box 74, Dumfries, VA 22026	Mon, Wed, Thurs, 9-1130am, 1-3pm Tues, 1-330pm, 5-7pm Need proof of ID, address, income for verification. Financial help with utilities once every 4 months (with a shut off notice)  <i>(Lunes, Miércoles, Jueves, 9-1130am, 1-3pm Martes, 1-330pm, 5-7pm Necesita prueba de identificación, dirección, ingresos para verificación. Se ofrece ayuda financiera con los servicios públicos cada 4 meses (con un aviso de cierre)</i>
<b>Catholic Charities</b>	<b>703.548.4227</b> <a href="http://www.cdda.net">www.cdda.net</a> 131 South West St, Alexandria, VA 22314	Tues, Wed, Thurs– 9am-1pm Utility assistance when funds are available  <i>(Ayuda con servicios públicos cuando hay fondos disponibles.)</i>
<b>Salvation Army</b>	<b>703.580.8991</b> 1483 Old Bridge Rd, #102, Woodbridge, VA	Mon-Fri <i>(Lunes-Viernes)</i> , 10am-12pm & 2-4pm
<b>SERVE (Northern VA Family Services)</b>	<b>571.748.2624</b> <a href="http://www.nvfs.org">www.nvfs.org</a> 10056 Dean Dr, Manassas, VA 20110	Mon, Tues, Thur, Fri <i>(Lunes, Martes, Jueves, Viernes)</i> 930-1145am & 1-315pm



Prince William County Preschool Programs  
PO Box 389  
Manassas, VA 20108  
(703) 791-8708